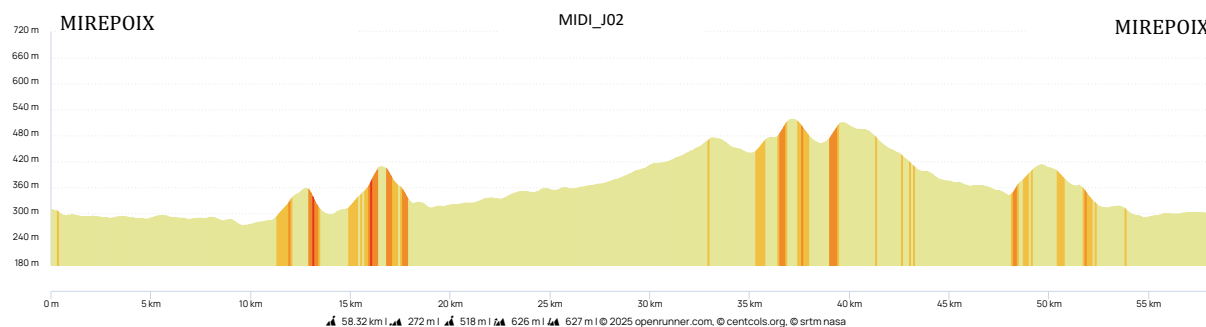


Vélo Québec Voyages

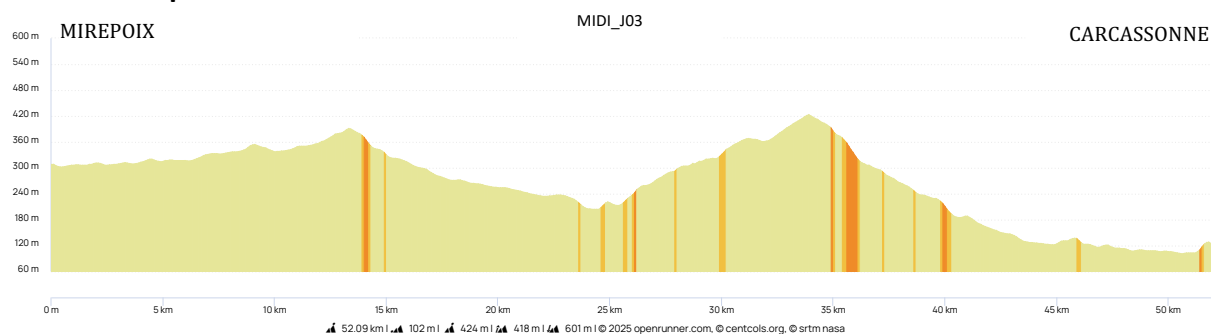
Canal du Midi – Dénivelés

Échelle de pente : <5% <7% <10% <15% >15%

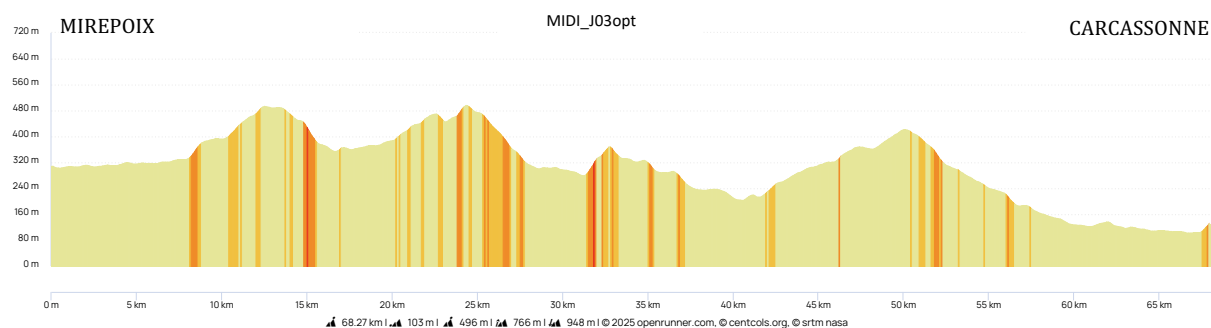
Jour 2 : Boucle autour de Mirepoix



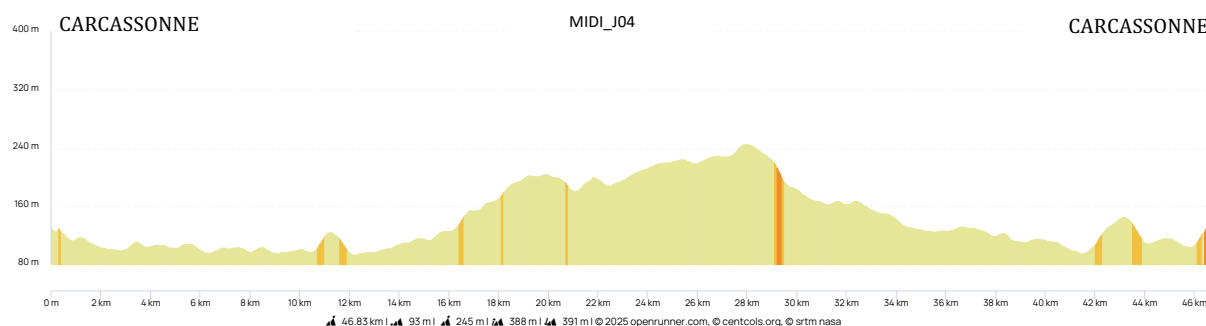
Jour 3 : Mirepoix à Carcassonne



Jour 3 : Mirepoix à Carcassonne : optionnel



Jour 4 : Boucle autour de Carcassonne (Minervois)

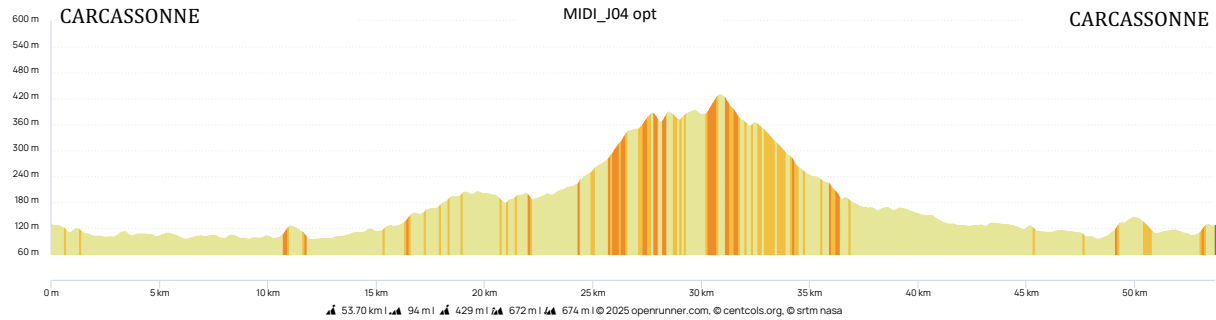


Vélo Québec Voyages

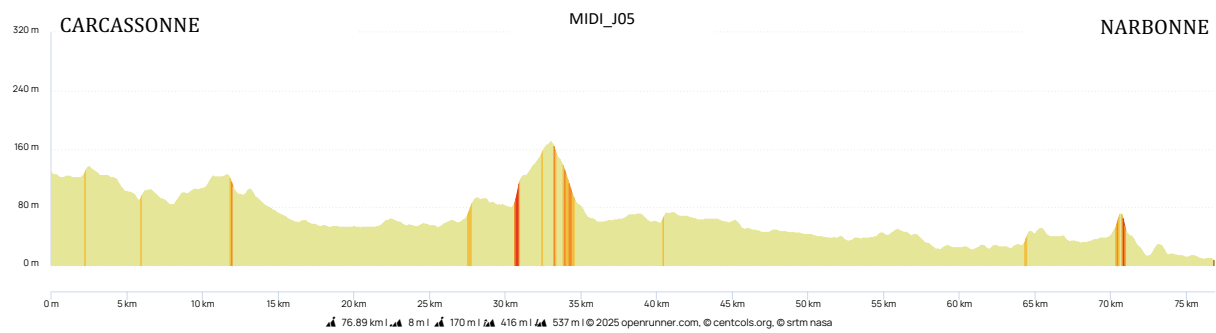
Canal du Midi – Dénivelés

Échelle de pente : <5% <7% <10% <15% >15%

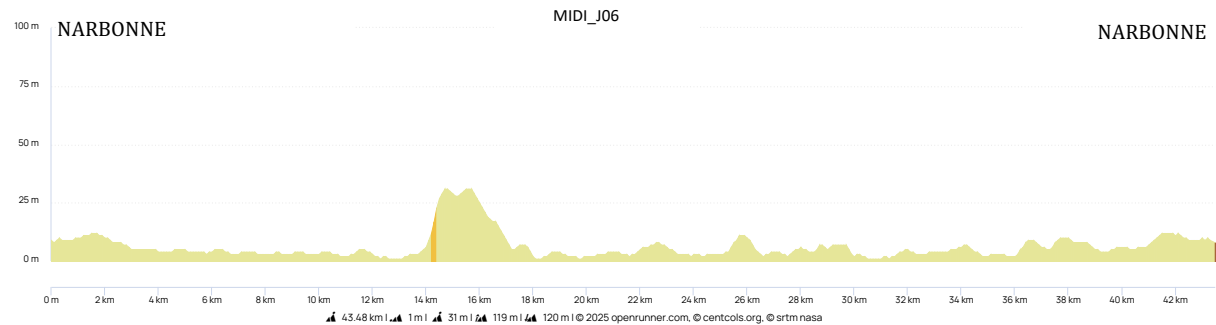
Jour 4 : Boucle autour de Carcassonne (Minervois) : optionnel



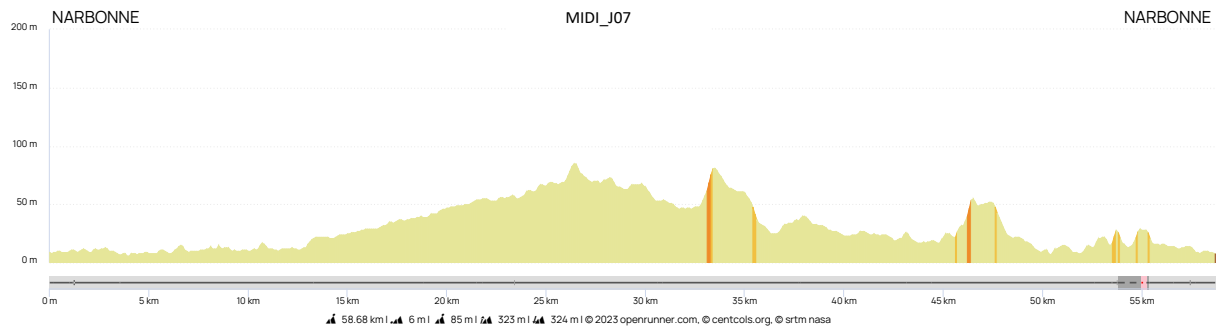
Jour 5: Carcassonne à Narbonne



Jour 6: Boucle autour de Narbonne (Gruissan)



Jour 7: Boucle autour de Narbonne (Maihac)

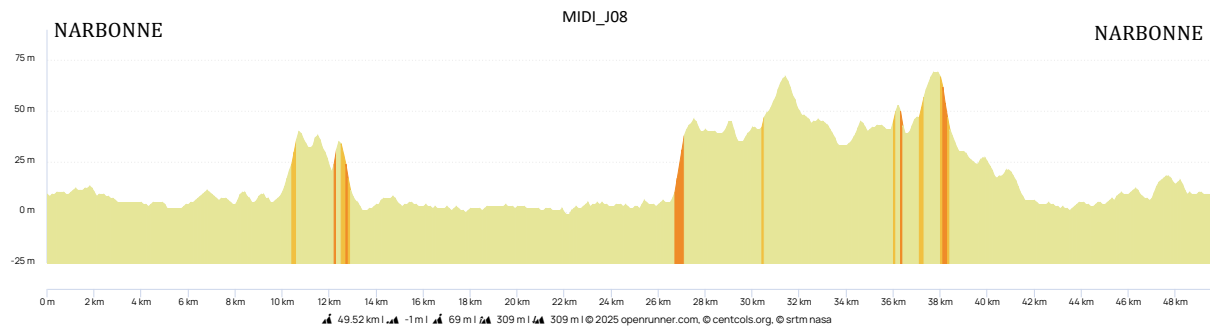


Vélo Québec Voyages

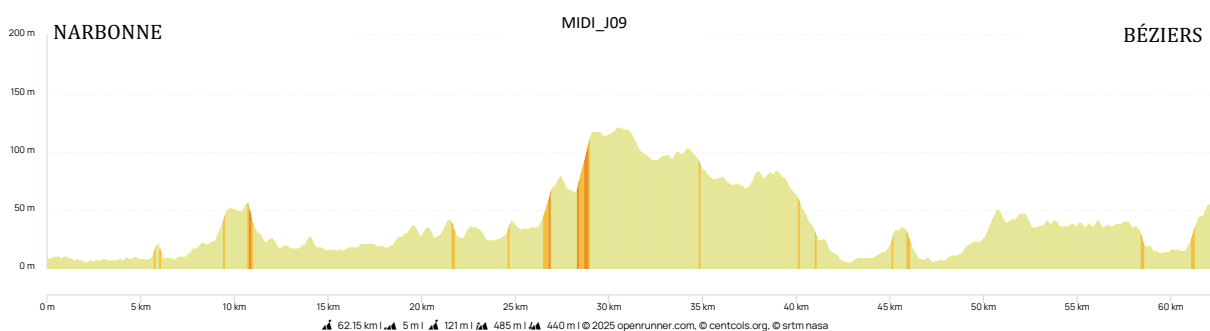
Canal du Midi – Dénivelés

Échelle de pente : <5% <7% <10% <15% >15%

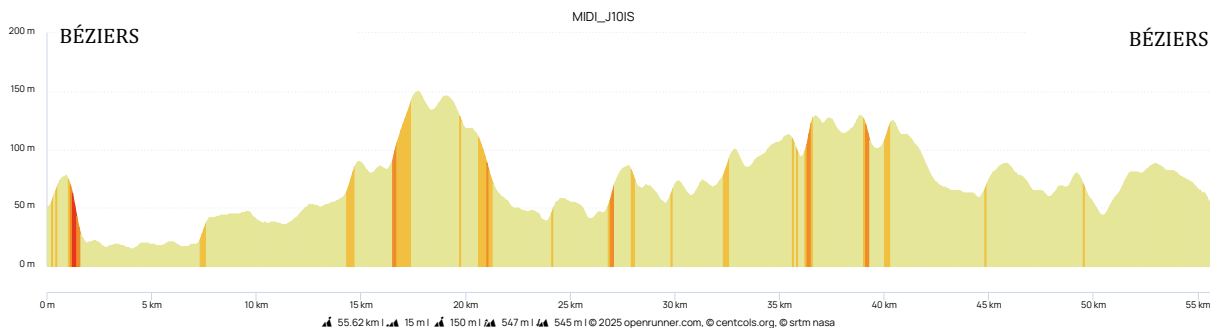
Jour 8 : Boucle autour de Narbonne (St-Pierre-la-Mer)



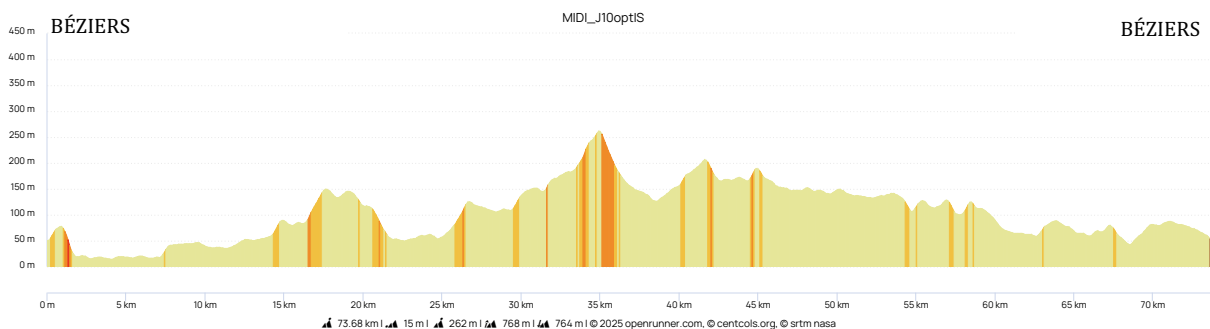
Jour 9: Narbonne à Béziers



Jour 10 : Boucle autour de Béziers (Magalas)



Jour 10 : Boucle autour de Béziers (Magalas) : Optionnel

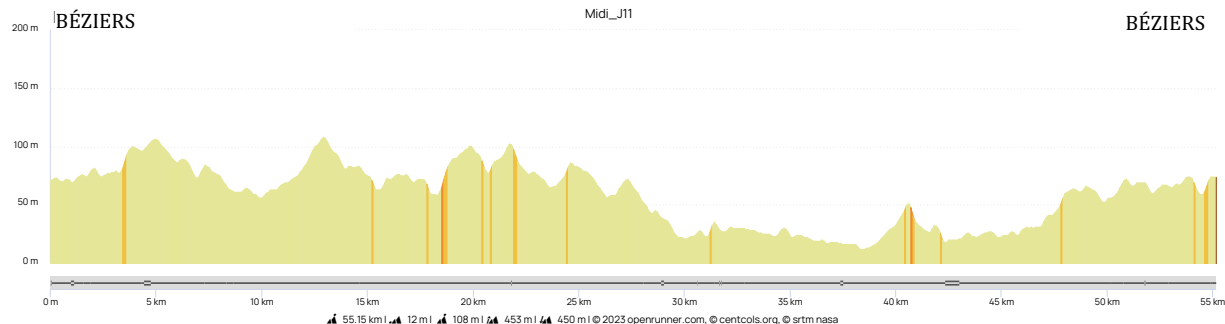


Vélo Québec Voyages

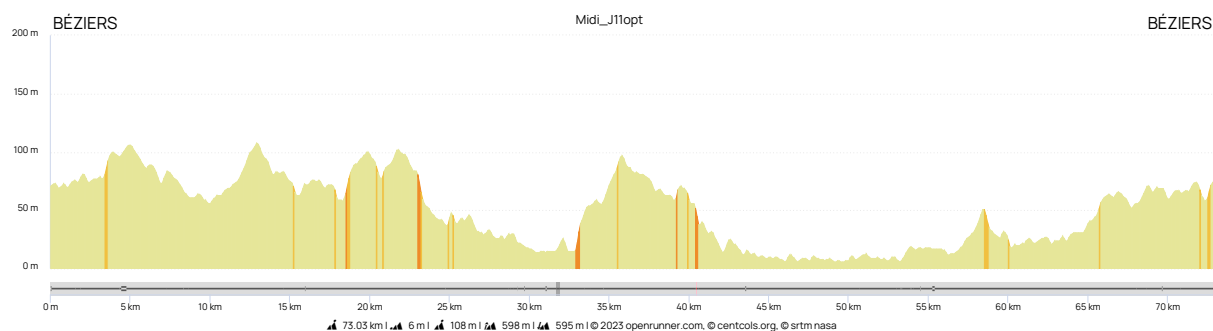
Canal du Midi – Dénivelés

Échelle de pente : <5% <7% <10% <15% >15%

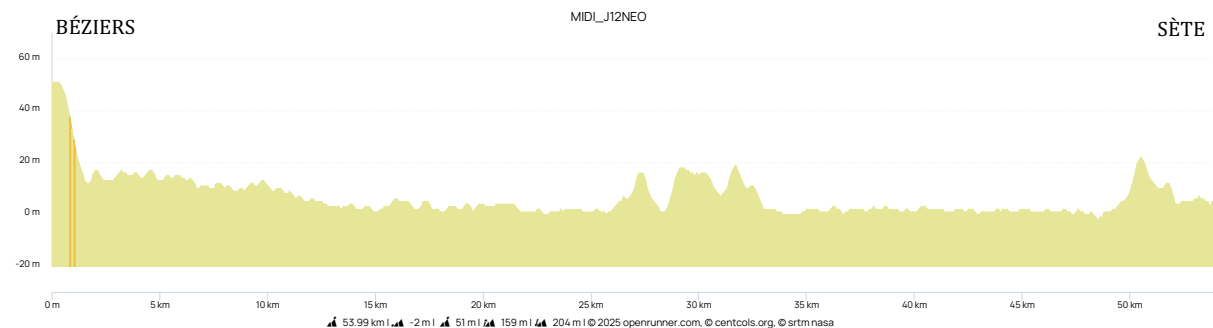
Jour 11 : Boucle autour de Béziers (Bessan)



Jour 11 : Boucle autour de Béziers (Bessan) : optionnel



Jour 12 : Béziers à Sète



Vélo Québec Voyages

Canal du Midi – Dénivelés

Échelle de pente : <5% <7% <10% <15% >15%

Jour 13 : Boucle autour de Sète

