

Baggage Preparation



At destination, Vélo Québec Voyages handles baggage transfer from one hotel to the next for the duration of the trip. We accept one (1) bag per person, up to 20 kg maximum for trips with air travel and 15 kg maximum for trips without air travel, regardless of the airline's own limit. Please use luggage with sturdy handles to facilitate transport. We reserve the right to refuse any bag exceeding the 20 kg weight limit, both at the start of and during the trip.

Before you leave, do the following test at home: try to hold your bag at arm's length. Our guide will perform this same test at each transfer. If you are unable to hold your bag this way, neither will our guide. Please take care of our guides: keep your baggage light!

REMINDER | When travelling by plane, please note that it is prohibited to transport CO₂ cartridges in your luggage or bike box.

CYCLING EQUIPMENT

- Bike in excellent condition (a tune-up at your local bike shop before departure is strongly recommended)
- Bike transport bag (handlebar bag or bag fixed to the rear rack). Avoid backpacks.
- Odometer
- Handlebar map holder (if you don't have a handlebar bag)
- Large Ziploc bag for your maps (if travelling without a map holder)
- Lock
- 2 to 3 large water bottles
- Mini tool kit (pump, 2 inner tubes, puncture repair kit, tire levers, small adjustable wrench, Allen keys, 4 spokes, rag to clean your bike, a derailleur hanger, seat post collar)
- Cycling gloves
- Cycling helmet
- Cycling shoes (if you don't use cycling shoes, choose shoes with the stiffest sole possible)
- Reflectors and front and rear lighting system (when going through a tunnel or riding at dusk)
- Optional: fenders, rearview mirror, bungee cords (if you have a rear rack)

CYCLING CLOTHING

- Cycling shorts and jerseys
- Arm warmers and leg warmers (or base layers)
- Rain gear: jacket, pants (optional: shoe covers)
- Windbreaker

CASUAL CLOTHING

- Bermuda shorts, shorts, skirts, pants
- T-shirts, shirts
- Warm clothing: fleece and windbreaker
- Socks and underwear
- Comfortable shoes
- Cap or hat
- Swimsuit

MISCELLANEOUS

- Identity documents required for your trip
- Copies of your travel documents (ID, etc.)
- Tourist guide
- Toiletry kit
- Laundry soap
- Alarm clock
- Camera
- Sunscreen, lip balm and sunglasses
- 2nd pair of prescription glasses or contact lenses
- Small backpack or fanny pack
- Mini first aid kit and personal medication
- Electrical adapter and converter
- Insect repellent

P.S. It is recommended to check the weather forecast for your destination before departure to pack appropriate clothing. Bring only what you need — opt for a layering system for cold weather.

For more information on weather: meteomedia.com · worldweatheronline.com

Other useful link: voyage.gc.ca