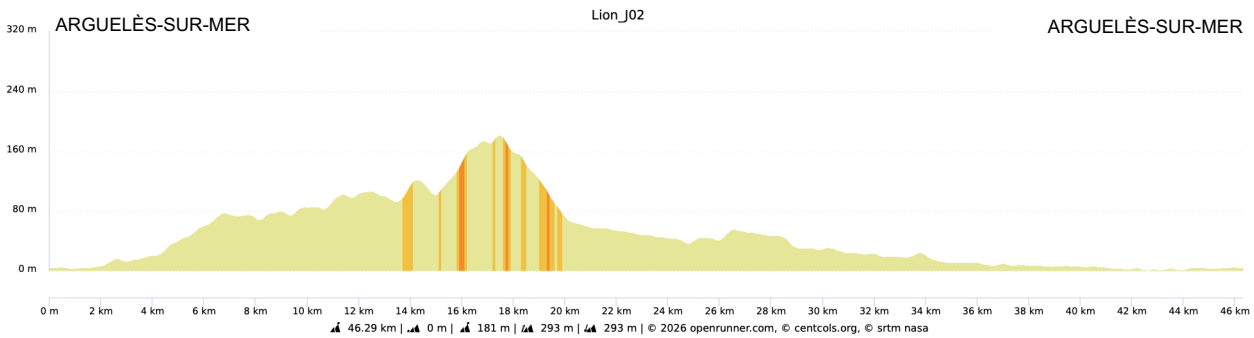
Languedoc-Rousillon – Dénivelés
Vélo Québec Voyages

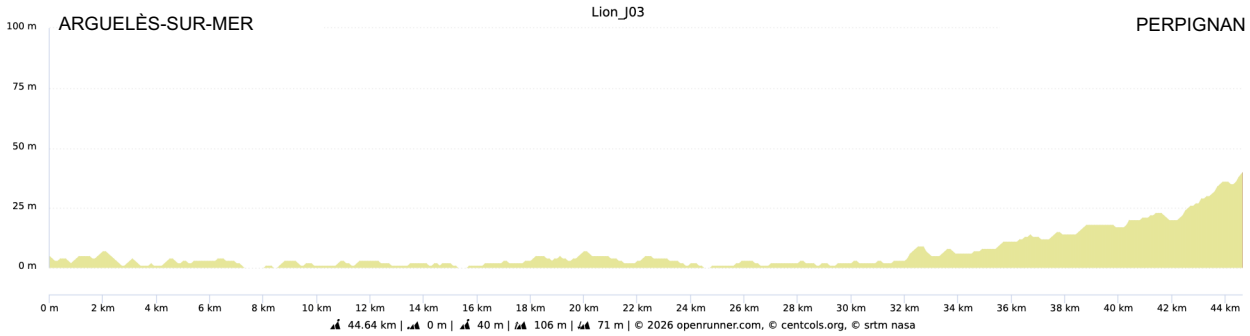
Échelle de pente : <5% <7% <10% <15% >15%

Distance | Altitude min | Altitude max | Dénivelé + | Dénivelé –

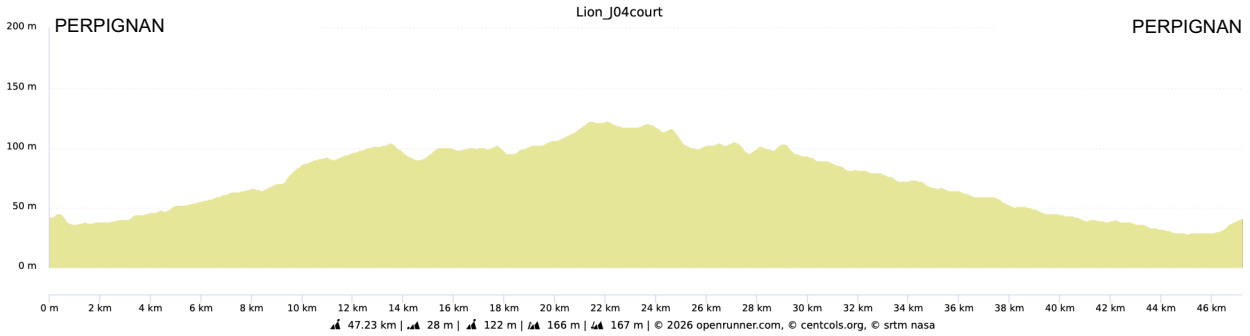
Jour 2 : Boucle autour d'Argelès-sur-Mer



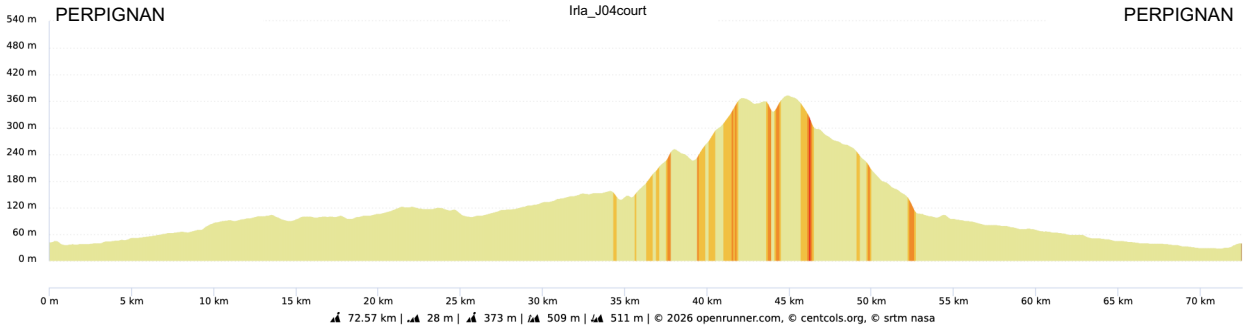
Jour 3 : Argelès-sur-Mer à Perpignan



Jour 4 : Boucle autour de Perpignan : Court



Jour 4 : Boucle autour de Perpignan : Long

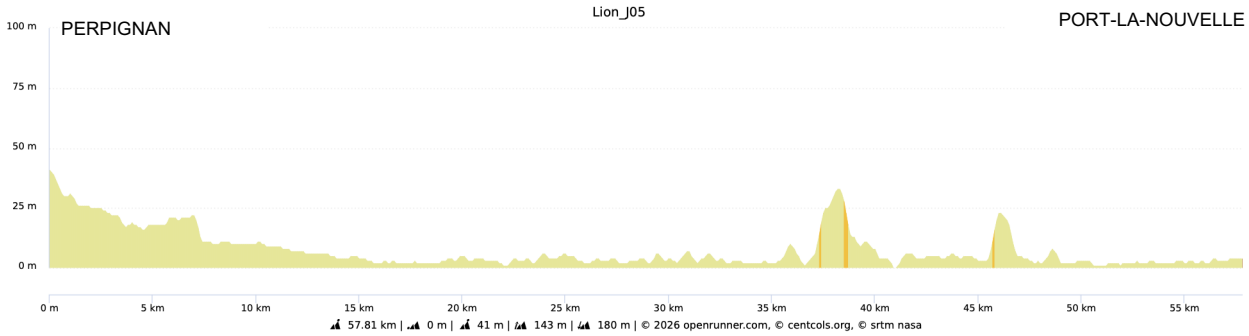


Languedoc–Rousillon – Dénivelés
Vélo Québec Voyages

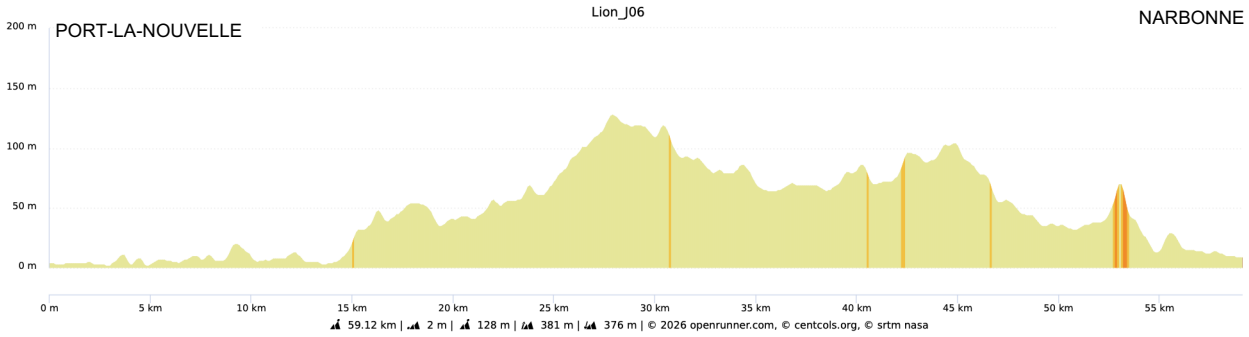
Échelle de pente : <5% <7% <10% <15% >15%

Distance | Altitude min | Altitude max | Dénivelé + | Dénivelé –

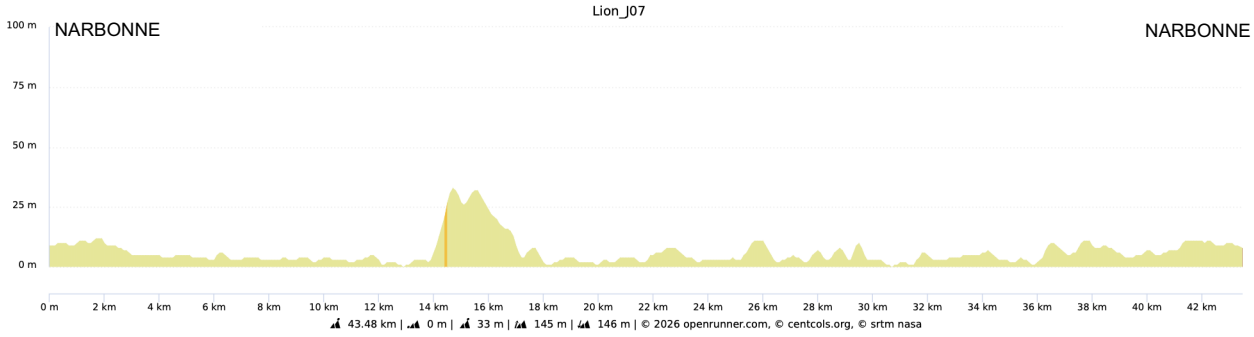
Jour 5 : Perpignan à Port-la-Nouvelle



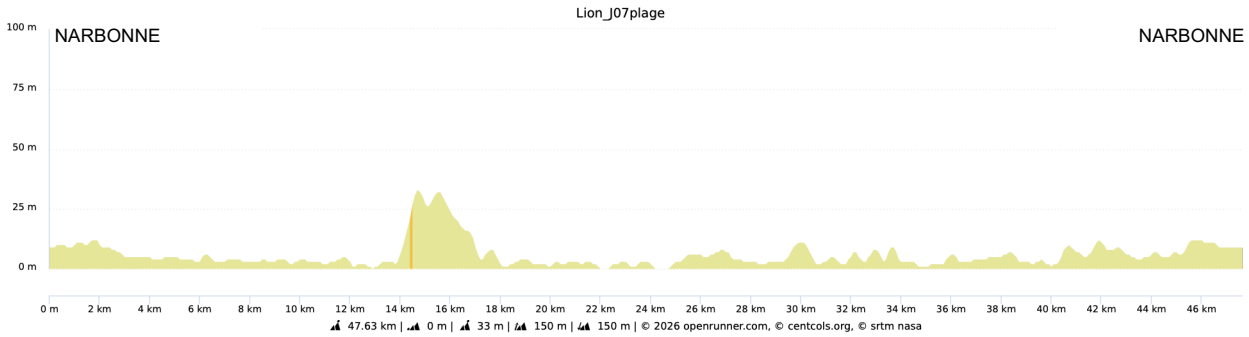
Jour 6 : Port-la-Nouvelle à Narbonne



Jour 7: Boucle autour de Narbonne



Jour 7: Boucle autour de Narbonne: Plage

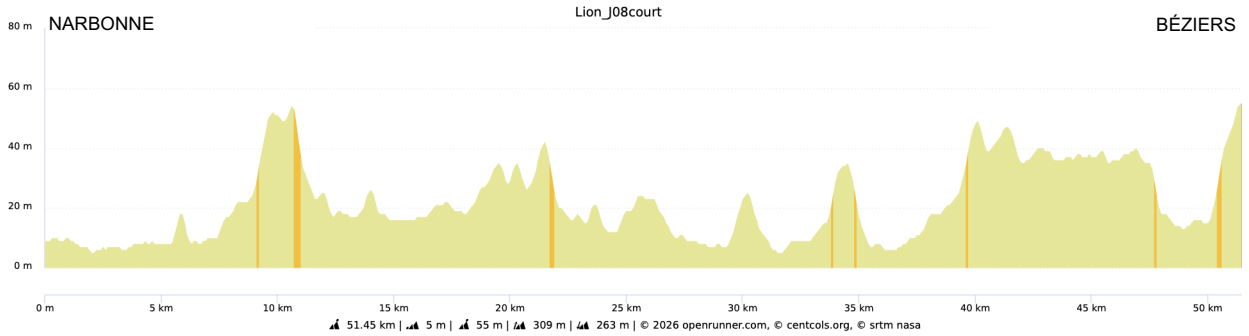


Languedoc-Rousillon – Dénivelés
Vélo Québec Voyages

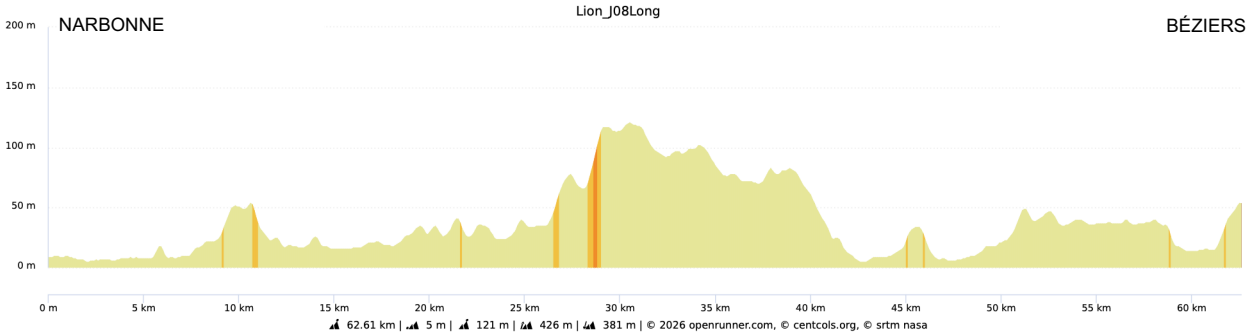
Échelle de pente : <5% <7% <10% <15% >15%

Distance | Altitude min | Altitude max | Dénivelé + | Dénivelé –

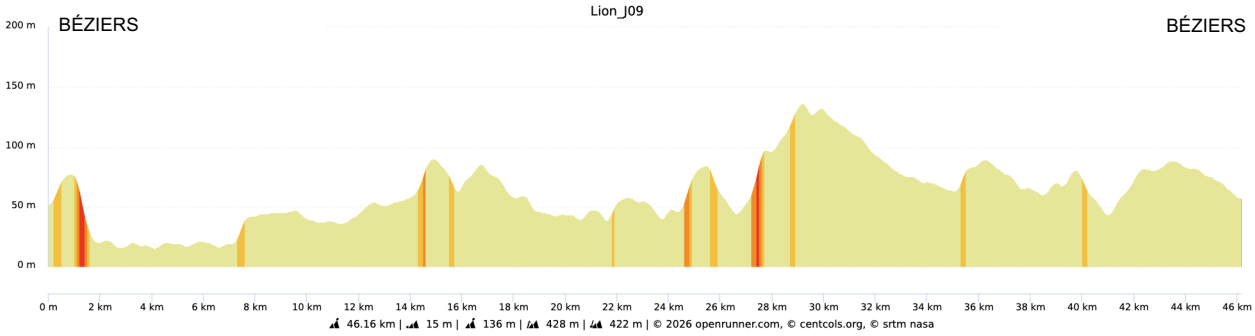
Jour 8: Narbonne à Béziers : Court



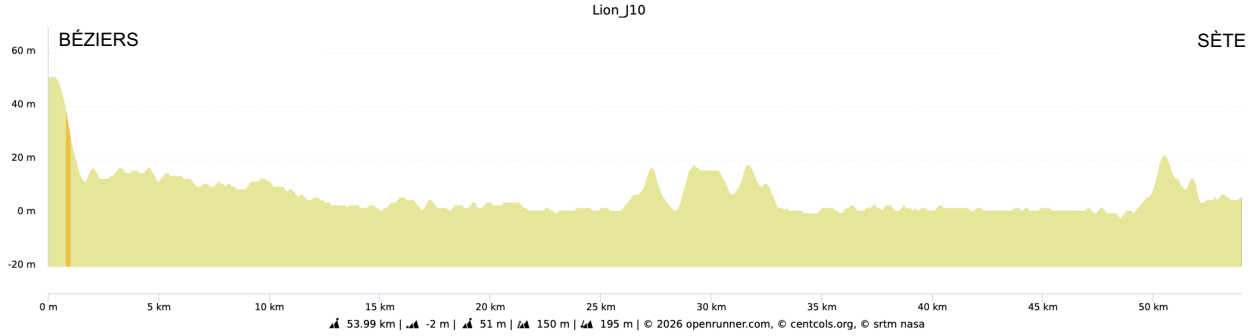
Jour 8: Narbonne à Béziers : Long



Jour 9 : Boucle autour de Béziers



Jour 10 : Béziers à Sète.



Languedoc-Rousillon – Dénivelés
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Distance | Altitude min | Altitude max | Dénivelé + | Dénivelé –

Jour 11 : Sète à Montpellier

