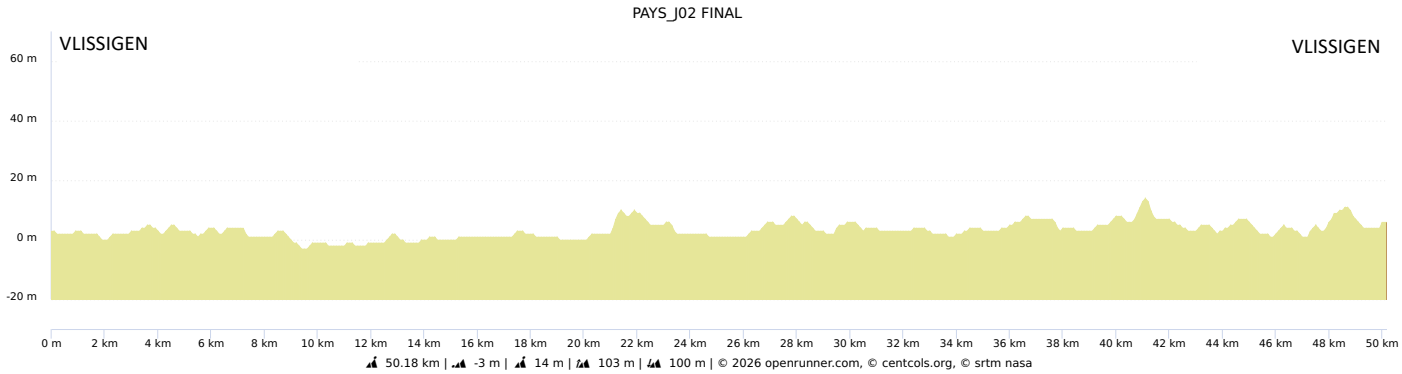
Pays-Bas – Dénivelés
Vélo Québec Voyages

Échelle de pente : <5% <7% <10% <15% >15%

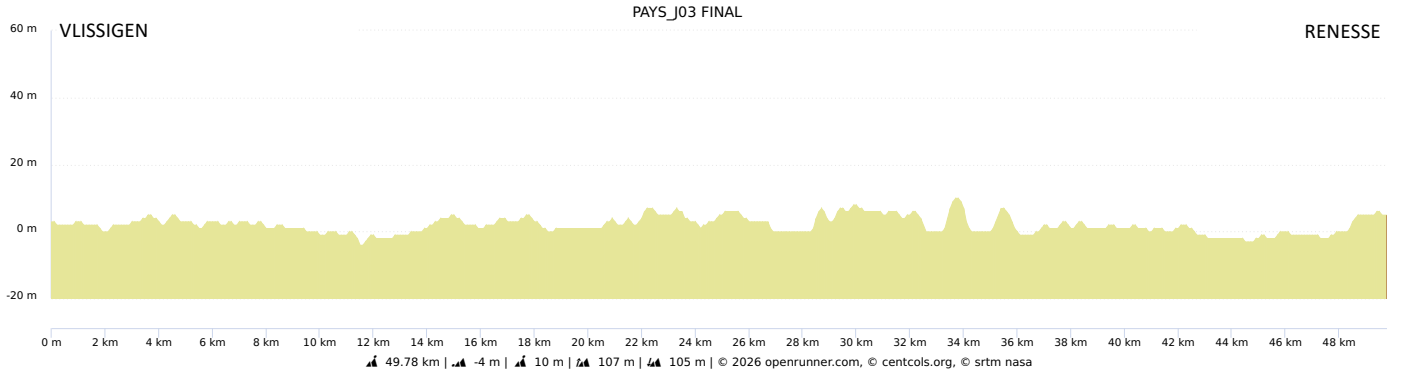
Distance | Altitude min | Altitude max | Dénivelé + | Dénivelé –

Jour 2 : Boucle Autour de Flessingue/ Vlissingen



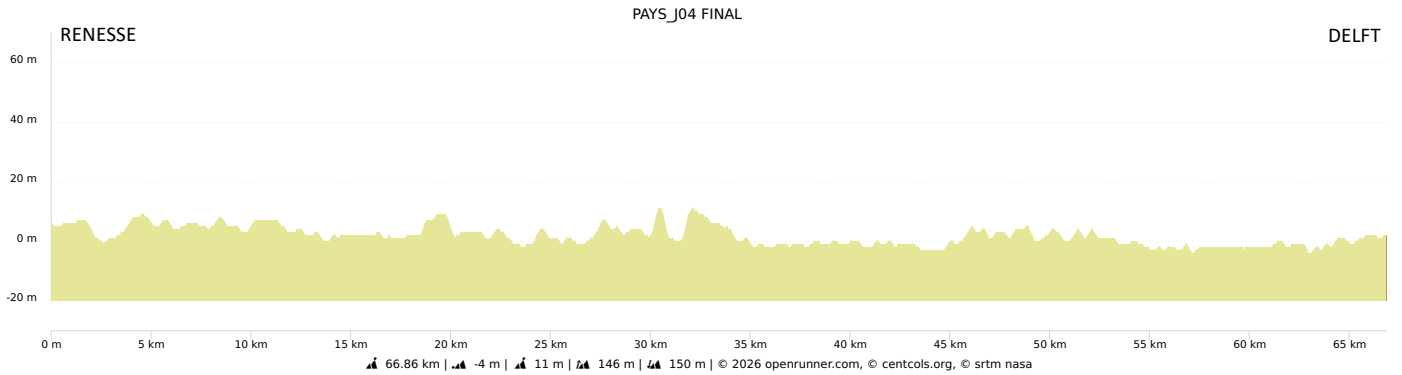
50.18 km | -3 m | 14 m | 103 m | 100 m | © 2026 openrunner.com, © centcols.org, © srtm nasa

Jour 3 : Flessingue/ Vlissingen à Renesse



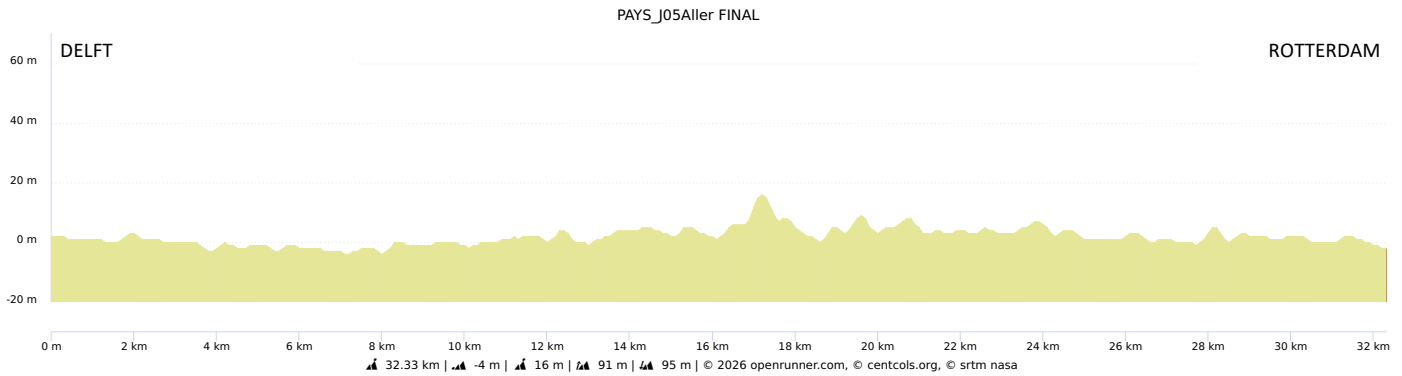
49.78 km | -4 m | 10 m | 107 m | 105 m | © 2026 openrunner.com, © centcols.org, © srtm nasa

Jour 4 : Renesse à Delft



66.86 km | -4 m | 11 m | 146 m | 150 m | © 2026 openrunner.com, © centcols.org, © srtm nasa

Jour 5 : Delft à Rotterdam : aller



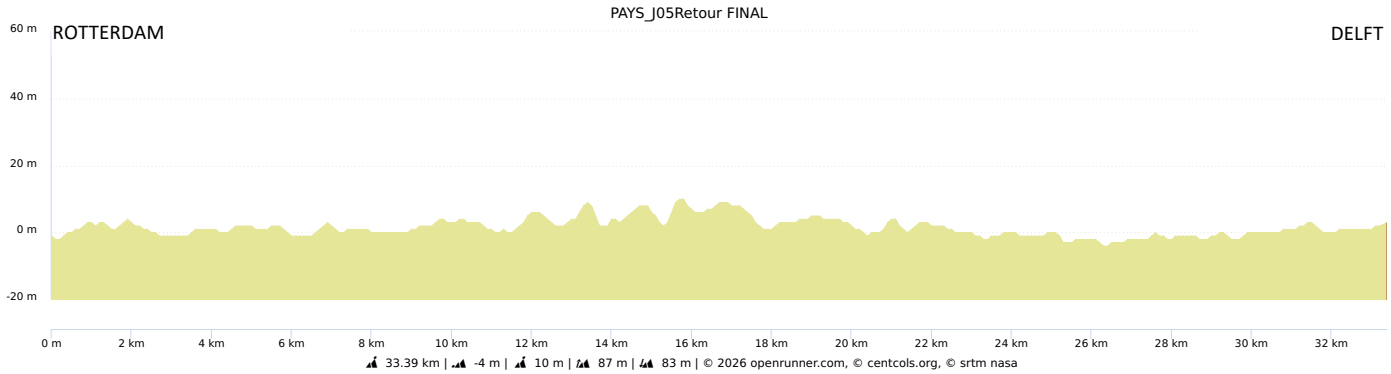
32.33 km | -4 m | 16 m | 91 m | 95 m | © 2026 openrunner.com, © centcols.org, © srtm nasa

Pays-Bas – Dénivelés
Vélo Québec Voyages

Échelle de pente : <5% <7% <10% <15% >15%

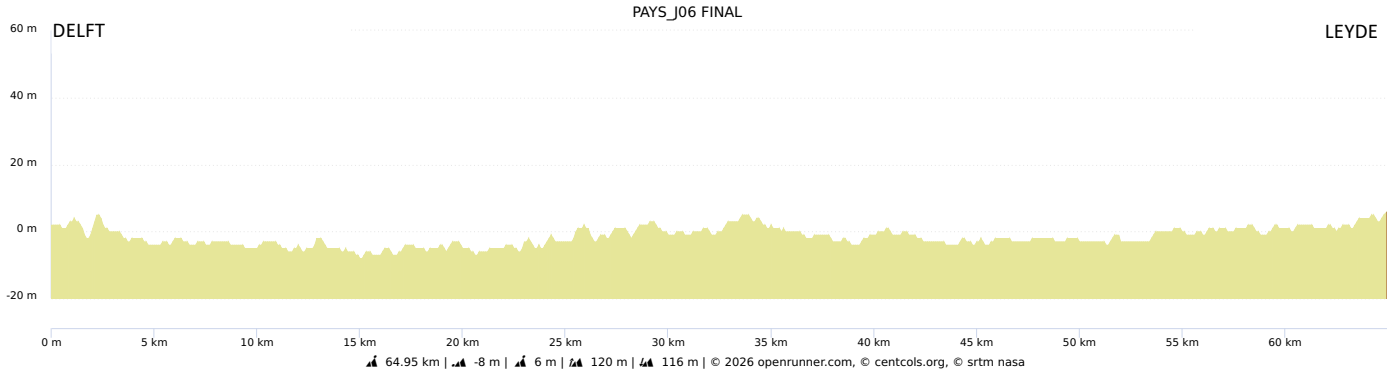
Distance | Altitude min | Altitude max | Dénivelé + | Dénivelé –

Jour 5 : Rotterdam à Delft : retour



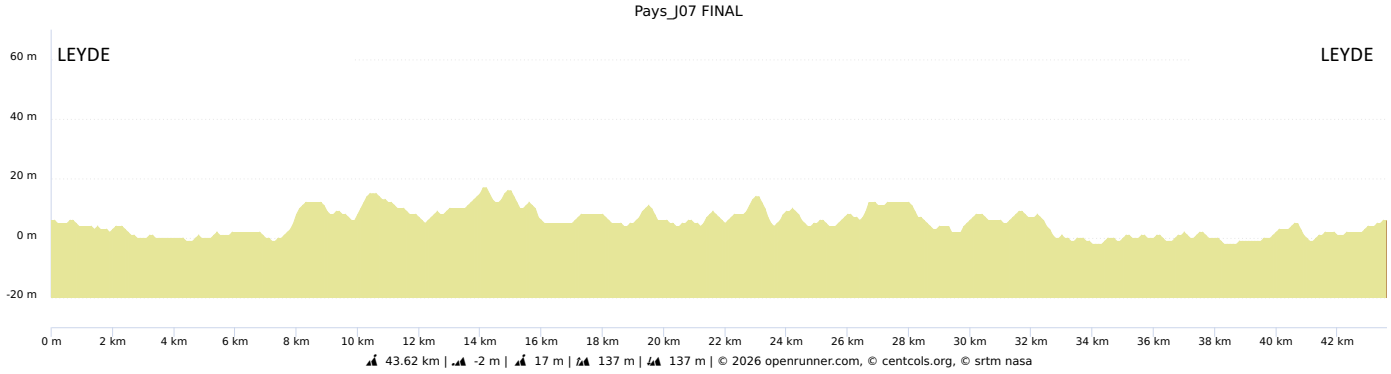
33.39 km | -4 m | 10 m | 87 m | 83 m | © 2026 openrunner.com, © centcols.org, © srtm nasa

Jour 6 : Delft à Leyde



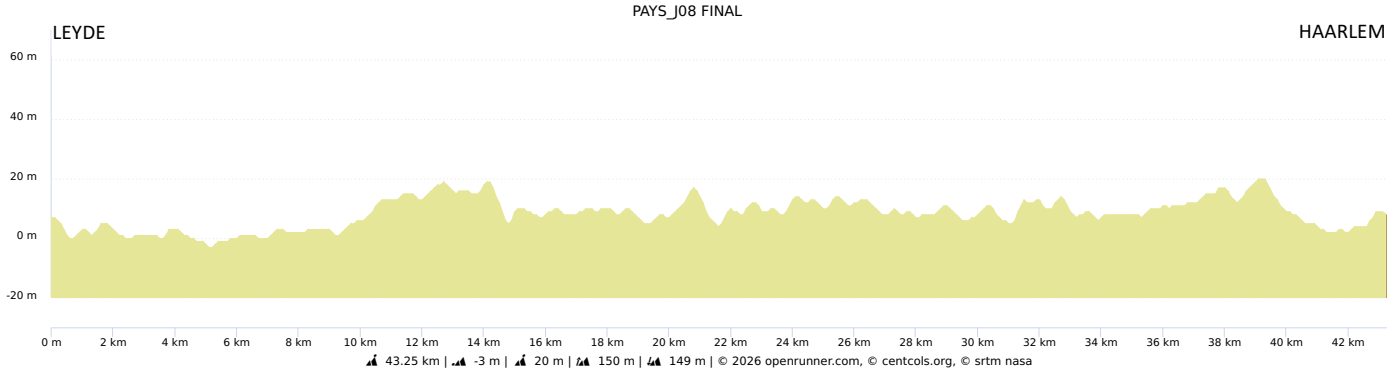
64.95 km | -8 m | 6 m | 120 m | 116 m | © 2026 openrunner.com, © centcols.org, © srtm nasa

Jour 7 : Boucle autour de Leyde (La Haye)



43.62 km | -2 m | 17 m | 137 m | 137 m | © 2026 openrunner.com, © centcols.org, © srtm nasa

Jour 8 : Leyde à Haarlem



43.25 km | -3 m | 20 m | 150 m | 149 m | © 2026 openrunner.com, © centcols.org, © srtm nasa

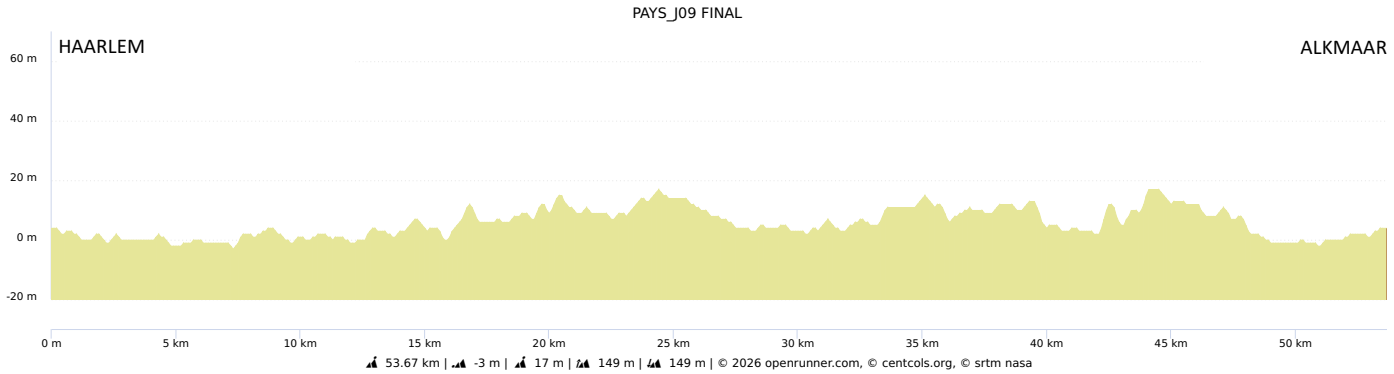
Vélo Québec Voyages

Pays-Bas – Dénivelés
Vélo Québec Voyages

Échelle de pente : <5% <7% <10% <15% >15%

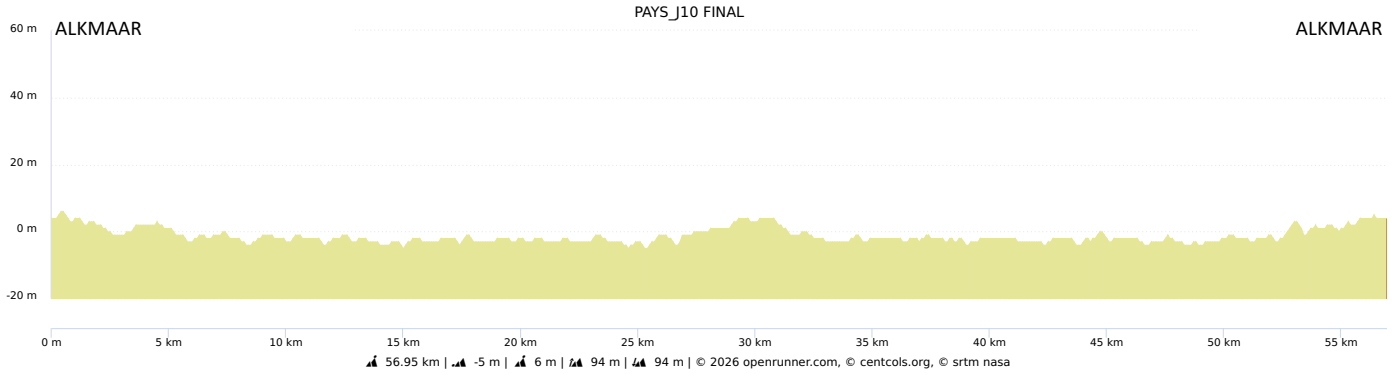
Distance | Altitude min | Altitude max | Dénivelé + | Dénivelé –

Jour 9 : Haarlen à Alkmaar



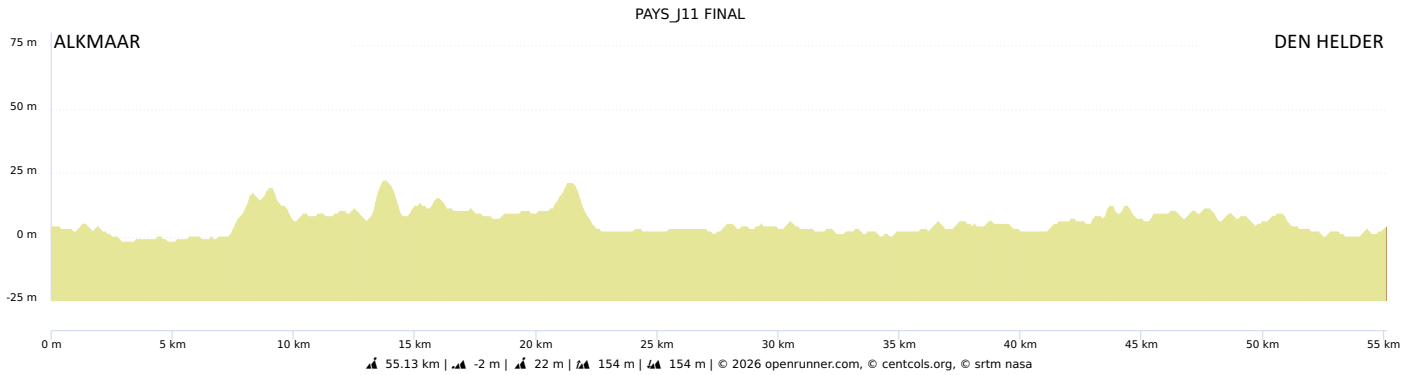
53.67 km | -3 m | 17 m | 149 m | 149 m | © 2026 openrunner.com, © centcols.org, © srtm nasa

Jour 10 : Boucle autour d'Alkmaar



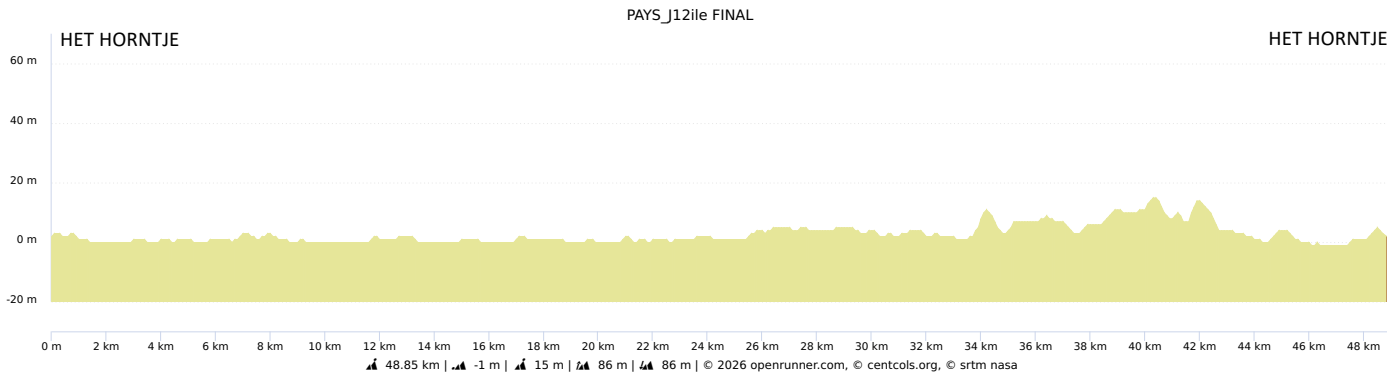
56.95 km | -5 m | 6 m | 94 m | 94 m | © 2026 openrunner.com, © centcols.org, © srtm nasa

Jour 11 : Alkmaar à Le Helder/ Den Helder



55.13 km | -2 m | 22 m | 154 m | 154 m | © 2026 openrunner.com, © centcols.org, © srtm nasa

Jour 12 : Boucle sur l'Île Texel



48.85 km | -1 m | 15 m | 86 m | 86 m | © 2026 openrunner.com, © centcols.org, © srtm nasa